



LEA Weekly Devotion

Together Again series 2026–2027

Week of August 16, 2026

Live It Up

God said it first back in the Old Testament days:

Behold, what I have seen to be good and fitting is to eat and drink and find enjoyment in all the toil with which one toils under the sun the few days of his life that God has given him...([Eccl 5:18](#)).

Live life to the fullest! God not only gives permission, but He also provides a healthy command:

Rejoice in the Lord always; again I will say, rejoice ([Phil. 4:4](#).)

How do you like to live it up? If you can't easily answer that question perhaps it's time to make a few behavioral adjustments. You can start with something as simple as a smile. Would this help?

This is the day that the Lord has made; let us rejoice and be glad in it ([Psalm 118:24](#)).

Not that you have to go all giddy and wild. Smiles come in a generous variety. Some smiles reflect mirth, pleasure, contentment, and righteousness. Others express contempt, victory, sneakiness, or gas, so be careful not to flash the wrong attitude. But do smile. You have much to smile about.

That Jesus came to take away your sins is good enough to fuel a lifetime of smiles, even in adverse situations. If that's not enough to prompt a grin, think about your future—a lifetime surrounded by Jesus and His followers in a home provided by Him.

So much of fodder for smiles comes at the expense of others or at the devil's encouragement or fleeting, worldly pleasures. But you know better. Your smile can be like a trademark that proclaims God's choice of you to belong to Him, the Savior's death to take away your sins, and the Holy Spirit's choice of you to serve and teach others.

So smile a lot. Smiles are contagious—especially divine ones. Live it up! People will think something is wrong with you. But the truth is that something is righteous about you. And God is smiling too.

Question for consideration and prayer: *How can you contribute to a “party attitude” among those with whom you serve?*

See a Psalm: [Psalm 32](#)

Put a song in your heart: [Cheerful songs](#)

LEA members: Enjoy a devotional bonus from the past: [Hello Hephzibah!](#)

LEA members also have access to [LEA guest devotions](#) **and** [all archived](#) LEA devotions

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**A joyful heart is good medicine,
But a crushed spirit dries up the bones—Prov. 17:22 ESV**

