

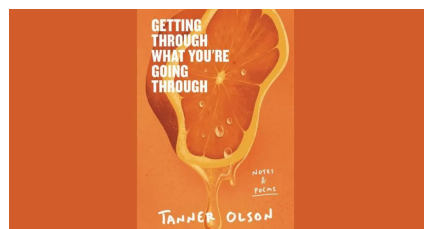


September 1, 2026

News and Information for LEA Members

Children ask lots of questions, and keeping your brain sharp is important. Emerging evidence suggests that only certain types of training produce meaningful benefits, and those benefits may differ between men and women. Find out more at [The New Science of Brain Workouts, Beyond Sudoku and Crosswords](#). (Ariana Eunjung Cha in *The Washington Post*)

Did you listen to Tanner Olson's [WOW video](#) on August 19th? He has some books you might be interested in reading or using in the classroom. Check out [Getting Through What You're Going Through: Notes and Poems for Hoping and Becoming](#) and [All the Things I Say to God](#) (Children's book on prayer).



Teachers are seeing more big emotions and disruptive behavior in early elementary classrooms. [15 Effective Ways to Manage Dysregulated Students](#) can help youngsters reflect, reset, and repair. (Andrew Boryga in *Edutopia*)

Don't miss these weekly LEA resources...

[WOW Video](#)

[Weekly Devotion](#) by Ed Grube

[The LEArning Curve Blog](#)

[What Works For Me Podcast](#)

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