



August 27, 2026

For Participants in LEA's Secondary Education Network.

[11 Ways to Improve Teacher Well-Being](#) is an episode of the podcast [School of Practice](#) from *Edutopia* that features Laurie Santos, the renowned Yale professor, cognitive scientist, and host of *The Happiness Lab*, who shares a science-backed toolkit for busy educators in need of a wellness tune-up.

Have you caught this month's two-part *Shaping the Future* feature? Dr. Samuel Eatherton challenges educators to bring music back to the forefront in "Singing in the Classroom: Don't Leave It to the Professionals."

- Part 1: [The Importance of Singing in Classrooms](#)
- Part 2: [Practical Information for Singing in Classrooms.](#)

Take a few minutes to read both pieces, evaluate your own classroom, and see how you can easily spark more joy and engagement in your school.



Studia Vitae from Concordia University, Nebraska: Christ-Centered Continuing Education for Lifelong Learning



Are you ready to grow in your vocation? The short, Christ-centered courses in Concordia University, Nebraska's Studia Vitae non-credit continuing education and lifelong learning program have been thoughtfully designed for real life and real impact. Two new courses begin in early September!

Leading the Secondary School Classroom: Effective Strategies for Teachers

- The course will take place at 4 p.m. CT on Wednesdays for six weeks beginning September 9.
- Content is designed to equip teachers with practical strategies to build respectful relationships, establish clear expectations, and foster student engagement while supporting the mission and vision of Christian education.
- Participants will explore the role of the teacher as classroom leader and the foundational principles of classroom management, learning structures, communication, and discipline within the secondary classroom.
- Discussion will be led by Concordia Nebraska alumnus Adam Kirsch of Lutheran High School of Kansas City. He has more than 20 years of experience in various roles including teacher, coach, athletic director, curriculum coordinator, assistant principal and principal.

Courses are delivered in six one-hour sessions for \$150. Exclusive pricing is available for program

participants who are members of [preferred partner organizations](#). Whether you are leading, teaching, serving, or simply want to keep learning, Studia Vitae courses make it easy to invest in your growth. Register today at ceu.cune.edu.

Holiday Ideas for September 2026:

September 11th—Patriot Day: 2026 is the 25th anniversary of 9/11. Find ideas for lessons from [9/11 Memorial & Museum 25 Years Later](#), and [Patriot Day Research Project](#) (*Love 2 Teach and Learn*).

September 17th—Constitution Day: The *National Constitution Center* has a free full high school curriculum that offers 15 modules, each with videos, activities, and assessments to assist you with teaching about the Constitution. Find it at [Constitution 101](#).

Don't miss these weekly LEA resources...

[WOW Video](#)

[Weekly Devotion](#) by Ed Grube

[The LEarning Curve Blog](#)

[What Works For Me Podcast](#)

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Contact LEA: 7400 Augusta Street, River Forest, IL 60305 | 708.209.3343 | lea@lea.org | lea.org

Linking, Equipping, and Affirming