

RETIRED

MINISTRY RESOURCES



August 27, 2026

For Participants in LEA's Retired Ministries Network

What should you know about the supplements people often use to help with falling asleep, jet lag, muscle tension, and more? Read [Melatonin vs. Magnesium: Which is Better for Your Sleep?](#) (Lindsey Bever in *The Washington Post*)

Have you caught this month's two-part *Shaping the Future* feature? Dr. Samuel Eatherton challenges educators to bring music back to the forefront in "Singing in the Classroom: Don't Leave It to the Professionals."

- Part 1: [The Importance of Singing in Classrooms](#)
- Part 2: [Practical Information for Singing in Classrooms.](#)

Take a few minutes to read both pieces and talk to your pastors and, if in a school, administrators about how they can spark more joy and engagement with kids.



Looking for a podcast? [This American Life](#) is a public radio show and podcast that focuses on a new theme each week. Every episode shares news but also follows a compelling plot line. Think of these like little creative documentaries — but for radio.

Don't miss these weekly LEA resources...

[WOW Video](#)

[Weekly Devotion](#) by Ed Grube

[The LEarning Curve Blog](#)

[What Works For Me Podcast](#)

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