

RETIRED

MINISTRY RESOURCES



September 17, 2026

For Participants in LEA's Retired Ministries Network

One of the best ways to prevent and treat high blood pressure (hypertension) is to get regular exercise. But are some forms of exercise better than others? Read more at [The most effective types of exercise to lower blood pressure](#). (Julie Corliss in *Harvard Health*)

The Lutheran Hour Ministries Float Committee (LHMFC) invites children (ages Preschool - Grade 8) to participate in their 16th annual float coloring contest. Linked are the coloring sheet and contest rules.

[Click here to download Coloring Sheet](#) and [Click here to download Contest Rules](#)



Download the Coloring Sheet and Instructions to share with your church Sunday school, preschool, and elementary school families, including the following information:

WHO: Students in Preschool-8th Grade

WHAT: Complete the Lutheran Hour Ministries Float Coloring Page

WHEN: All entries must be postmarked by November 1, 2026

HOW: Submit entries to:

The Lutheran Hour Ministries Float Committee

P.O. Box 7556

La Quinta, CA 92248

PRIZES: First, Second, and Third place winners will receive a 2027 Petal Pushers T-shirt and a float magnet.

- Three winners from Pre-School - Kindergarten
- Three winners from First - Second Grades
- Three winners from Third - Fifth Grades
- Three winners from Sixth - Eighth Grades

If you are looking for additional resources to share with your children and youth at your church about church work vocations, don't forget you can subscribe to *Set Apart to Serve's* Quarterly Highlights for Educators: ['Set Apart to Serve' Quarterly Highlights for Educators](#). All of the newsletters are archived for your review. The summer '26 edition provides specific details on how to access and use the four Set Apart to Serve curriculum lessons from Concordia Publishing House—for example, plan to use them during National Lutheran Schools Week! As the LCMS works to grow the church's vocation-formation culture, contact Set Apart to Serve for more information or to share your ideas: www.lcms.org/SAS.

Don't miss these weekly LEA resources...

[WOW Video](#)

[Weekly Devotion](#) by Ed Grube

[The LEarning Curve Blog](#)

[What Works For Me Podcast](#)

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Linking, Equipping, and Affirming