

RETIRED

MINISTRY RESOURCES



October 1, 2026

For Participants in LEA's Retired Ministries Network



Effective November 1, 2026, there will be a slight increase in membership dues. This is our first dues adjustment in four years. This change allows us to invest directly back into our community by expanding our resources, upgrading our offerings, and continuing to deliver the high-quality value you expect. Take advantage of our current pricing now! Renewing early ensures you keep your current rate for the upcoming year while having full access to all our expanding benefits and features. To renew, go to <https://tinyurl.com/LEArenewal>. If you have any questions, please email lea@lea.org.

Traditional advice for managing high blood pressure has favored lowering sodium intake; however, new evidence suggests that increasing potassium may significantly support this effort. Read more at [For Better Blood Pressure Control Don't Just Lower Salt, also Boost Potassium](#). (Yasemin Nicola Sakay in *Medical News Today*)

“[Starting the New School Year: Seeing and Serving Unique Learners](#)” by BJ Wiemer is this month’s *Shaping the Future* article. She writes about how best to help all your students succeed this year as they learn in your classroom.

Don't miss these weekly LEA resources...

[WOW Video](#)

[Weekly Devotion](#) by Ed Grube

[The LEarning Curve Blog](#)

[What Works For Me Podcast](#)

Disclaimer: LEA shares resources from various sources; we encourage you to review them through a Lutheran perspective for use in your ministry.

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