

RETIRED

MINISTRY RESOURCES



August 13, 2026

For Participants in LEA's Retired Ministries Network

Retirement brings the opportunity for travel. There are many great trips you can take, whether you're looking internationally, in the US, or even on a cruise or a planned group tour. Ready to take off and go? Check out [21 Travel Tips for Seniors for a Smooth Vacation](#) before you leave. (AAA)

Inflammation is often compared to fire. In controlled amounts, there is no question that fire keeps us warm, healthy, and protected, but when there is too much fire or it gets out of control, it can be destructive. What can you do about it? Read [The Anti-Inflammatory Lifestyle](#) to help you make helpful changes. (*University of Wisconsin-Madison*)



Don't miss these weekly LEA resources...

[WOW Video](#)

[Weekly Devotion](#) by Ed Grube

[The LEarning Curve Blog](#)

[What Works For Me Podcast](#)

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Linking, Equipping, and Affirming