

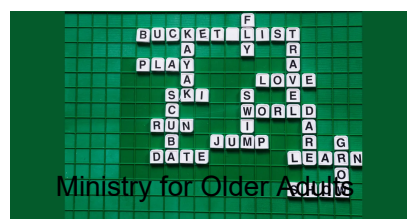


August 20, 2026

For Participants in LEA's Retired Ministries Network

Usually when people talk about preparing for retirement, they're referring to their finances. But retirees also need to make sure they're prepared to transition to the retirement lifestyle. Planning how you'll spend your days post-career can help you maintain your mental and emotional health, renew your social connections and navigate relationship challenges. Consider making a retirement bucket list. Need ideas? See the ones at [200+ Retirement Bucket List Ideas](#). (Michael Santiago in [Annuity.org](#))

Being retired means more opportunities to volunteer at schools and churches, as well as time to participate in church-provided activities. Looking for ideas to suggest to your church for seniors? Check out [Ideas for Ministry For and With Older Adults](#). (Older Adult Ministry of the Kentucky Conference)



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[The LEarning Curve Blog](#)

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*Linking, Equipping, and Affirming*