

RETIRED

MINISTRY RESOURCES



October 8, 2026

For Participants in LEA's Retired Ministries Network

Over the past four years, we have held our membership rates steady while growing our services and content. To maintain this high standard of quality, we will be implementing our first rate adjustment in four years on November 1st, 2026, bringing the one-year membership to \$77 (with other tiers adjusted dynamically).

Secure Your Lower Rate Now:

You don't have to wait for your expiration date. You can extend your membership right now to beat the increase and protect your budget.

- By Phone: Contact the LEA office at 708-209-3343 to speak with a representative.
- Online: Click [HERE](#) to extend your membership instantly.

We are incredibly grateful for your partnership and look forward to serving you for many more years!



Cooking is more than a daily task; it's a bonding experience that can create lasting memories. After teaching your children the joys of cooking, you're now getting into the kitchen with your grandbabies. It's an exceptionally rewarding activity, with advantages for you and them! Learn all the benefits involved with cooking with your beloved grandchildren in [Benefits of Cooking with Your Grandchildren](#). (*The Loves Cafe*) You can also go and cook with the children in your school or early childhood program, or help your DCE with a cooking activity with the youth of the church.

Drinking apple cider vinegar to keep blood sugar from spiking or help with weight loss is very popular right now, but is it good for you? Find the details at [Is Apple Cider Vinegar Good for Health](#). (Alexandra Benisek in *WebMD*)

Looking for books to read with your grandchildren or children at your church? We will include a book in these resources every week for you to consider.

This week, LEA is highlighting the book:

You Can Sit With Me

Written by Rachel Tawil Kenyon

Illustrated by Tatiana Kamshilina
2025

A little girl takes on a mission to be a friend to someone new, especially when they are worried, wearing different types of clothes, emotional, left out, slow, or confused. This rhyming story shares a wonderful message of helping others through simple acts of Christian friendship.

Don't miss these weekly LEA resources...

[WOW Video](#)

[Weekly Devotion](#) by Ed Grube

[The LEarning Curve Blog](#)

[What Works For Me Podcast](#)

Disclaimer: LEA shares resources from various sources; we encourage you to review them through a Lutheran perspective for use in your ministry.

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Past Issues: Search the archive [HERE](#).

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Linking, Equipping, and Affirming